



Lesa Mulcahy, LCSW-C

CHIEF CLINICAL OFFICER

Lesa Mulcahy, LCSW-C, is a seasoned clinician and a dynamic executive leader with over two decades of comprehensive experience in the mental health care field. As the Chief Clinical Officer at For All Seasons since 2008, she leads a robust team of more than 40 clinicians, instilling a culture of excellence and resilience within the organization.

CREDENTIALS



Mulcahy holds numerous professional certifications, including a Licensed Clinical Social Worker-Certified (LCSW-C) and Level I and II trauma certifications through The University of Maryland and Ferentz Institute. She is a Certified Sensorimotor Psychotherapist, is Theraplay trained, and is a Certified First Responder Counselor, evidencing her commitment to continual learning and mastery in her field. Her expertise in trauma and reactive attachment disorders guides her work with clients, marking her as a leading professional in these fields.

Throughout her tenure at For All Seasons, Mulcahy has been instrumental in the agency's evolution. Her leadership was instrumental in the implementation of an Open Access model of care, a pioneering initiative that ensures same-day, walk-in services to community members in need, eradicating the waitlist for critical mental health services. Mulcahy was also a critical player in the rapid deployment of a fully functioning telehealth program in response to the COVID-19 emergency, ensuring continuity of care during an unprecedented time of need.

Alongside her executive role, Mulcahy is an influential educator in the field of mental health. As a co-leader of For All Seasons Center for Learning, she has delivered numerous presentations and trainings. Her commitment to disseminating knowledge extends to her work as a Certified Dare to Lead® facilitator, where she shares the principles of Courageous Leadership with businesses, organizations, and community groups.

Lesa Mulcahy's leadership, clinical prowess, and unwavering dedication to service are fundamental to the growth and impact of For All Seasons. Her relentless pursuit of improving mental health care accessibility and quality continue to drive the organization forward, leaving a profound impact on the community.